

RESOURCES AVAILABLE TO THE PUBLIC DURING THE CORONA VIRUS EMERGENCY

(**UPDATED** on 03.26.2020)

****This list will be continuously updated*****

Reliable Information about Coronavirus

Information about Community Services: Dial 211

Information about Public Health services: Call El Paso County Public Health @ (719) 575-8888 or visit: <https://www.elpasocountyhealth.org/services/coronavirus-disease-2019-covid-19>

Peak Vista Community Health Centers: <https://www.peakvista.org/covid-19-patient-resources>

State of Colorado Information on Coronavirus: <https://covid19.colorado.gov/>

Help Colorado Now: <https://covrn.com/>

Aspen Pointe: <https://www.aspenpointe.org/coronavirus>

El Paso County Public Health “Now Open”:

<https://www.elpasocountyhealth.org/now-open-a-new-wic-office-in-southeast-colorado-springs>

Fountain Health Clinic (Operating under “Sliding Scale”):

<https://www.freeclinics.com/det/co> **Fountain Health Clinic**

El Paso & Teller Community Resources available during COVID-19 Pandemic

www.elpasocountyhealth.org/community-resources-0 has lists to help with: Basic Needs, Behavioral Health Resources, Businesses, Childcare Resources for, Children & Teens, Health and Wellness Resources, and Volunteer Opportunities.

Food Resources Open in Fountain

Connections 4 Life Center

6436 US Hwy 85, Suite U, Fountain, CO 80817

(719) 387-9919

<http://www.connections4lifecenter.org/Special-messages.html>

Times of Refreshing Church

123 W. Ohio Avenue

(719) 382-0508

Pantry hours: 2nd & 4th Saturdays 1:00 pm – 2:30 pm

Fountain Community Soup Kitchen

1003 N. Santa Fe Avenue

Fountain, CO 80817

*(719) 382-5113

Pantry hours (TO-GO ONLY): *after 03/20/20 please call to verify hours

God's Pantry Ministry

30 Widefield Boulevard

Colorado Springs, CO 80911

(719) 382-0643

Pantry hours: Monday to Friday 9:00 am – 11:00 am (Bagged Food To-Go)

Fountain Valley Cares

315 Security Boulevard

Colorado Springs, CO 80911

(719) 338-7448

Pantry hours: *Saturday 10:00 am – 12:00 pm ***Very Limited Stock***

Pikes Peak Christian Church

4955 Bradley Road

Colorado Springs, CO 80911

*(719) 392-8855 **Please call ahead to verify availability/to check if hours have not been affected**

Pantry hours: Monday – Wednesday – Friday from 9:00 am – 12:00 pm

Christian House of Prayer

4360 Bradley Road

Colorado Springs, CO 80911

*(719) 596-7469 ***If an emergency, please call. Emergencies are handled by appointment only**

Pantry hours: 1st & 3rd Saturday of the Month from 8:30 am – 1:00 pm

Care and Share - to Check for Closures and Hours click on link:

<https://careandshare.org/COVID19/>

Salvation Army: (719) 382-1182 <https://www.salvationarmyusa.org/usn/covid19/>

Grocery Stores: Safeway, Mesa Ridge Parkway: Open 7:00 am-8:00 pm daily.

Special hours for visitors 55 years and older, Tuesdays and Thursdays from 7:00 am – 9:00 am

<https://local.safeway.com/safeway/co/fountain/6925-mesa-ridge-pkwy.html>

Emergency Childcare Assistance

Pikes Peak YMCA: <https://ppymca.org/programs/youth/youth/child-care>

Through a public-private partnership with the Colorado Department of Human Services Office of Early Childhood, we are working to **make sure families that need child care to respond to the crisis can access it**. The Colorado Emergency Child Care Collaborative will attempt to link essential workers to current and developing child care providers. For more information on how the program works or to sign up by taking the survey, [visit the Colorado Emergency Child Care Collaborative Website](#).

Free School Lunches

Widfield School District 3, will provide one grab-and-go meal per child per day March 17th – 27th, weekends excluded. Each bag will contain breakfast and lunch. This is a drive-through service, meals are not meant to be consumed on site, according to the district's website. <https://www.wsd3.org/>

Locations are as follows:

- Watson Junior High
136 Fontaine Blvd. (Front Entrance)
- Sproul Junior High
235 Sumac Drive (Front Entrance)
- Janitell Junior High
7635 Fountain Mesa Road, Fountain (Behind School)

Fountain Fort Carson District 8, will provide free cold breakfast and lunch for children under 18 Monday through Friday of this week and next (March 16th – 20th and 23rd – 27th), from 10:30 a.m.-11:30 a.m. <https://www.ffc8.org/>

Locations are as follows:

- Aragon Elementary
211 S. Main St., Fountain
- Mountainside Elementary
5506 Harr Ave., Fort Carson

Behavioral Health Assistance

Mental Health Crisis 24 hour Hotline: (719) 635-7000

Aspen Pointe Health Services: (719) 572-6100

<https://www.aspenpointe.org/>

Depression & Bipolar Support Alliance:

https://www.dbsacoloradosprings.org/?fbclid=IwAR1wD7CIY_ZJW0V1njLDuNuOp6tFnOhqg5ymwTZr9oYcRFaQgRnHz76tsv0

Resources for Businesses

Small Business Administration: <https://disasterloan.sba.gov/ela/>

Fountain Valley Chamber of Commerce: <https://www.fountainvalleychamber.com/>

To File for Unemployment Benefits

Colorado Department of Labor and Employment:
<https://www.colorado.gov/pacific/cdle/unemployment>

Specific Ways Individuals Can Help

Can you volunteer today? Direct links here: www.elpasocountyhealth.org/community-resources-0
has direct links, to needs right now for groups like:

- [Care and Share](#)
- [Crossfire Ministries](#)
- Citizen's Project – email:
joy@citizensproject.org for virtual opportunities to help with Census 2020
- [Donate Blood](#)
- [Early Connections](#) (Volunteer from home opportunity)
- [Foster an animal](#)
- [Medical Reserve Corps of El Paso County](#)
- [Salvation Army](#)
- [Silver Key](#)
- [United Way](#) (Ongoing opportunities)

There is an urgent need for blood. If you would like to do something to give back, you are healthy and eligible, please make an appointment.

St. Mary's Regional Blood Center supplies 19 area hospitals on the Western Slope and can be reached at online at donor.stmarysbloodcenter.org or by phone (970) 298-2555.

Colorado Springs Blood Donation Center

3670 Austin Bluffs Parkway, Suite 110
Colorado Springs, CO 80918
(303) 363-2300 or (800) 365.0006, opt. 2
North Academy Boulevard and
Austin Bluffs Parkway
Monday- Friday: 7:00 am – 7:00 pm
Saturday-Sunday: 7:00 am – 3:00 pm

The **Children's Hospital** has requested people to have their call screened before making an appointment (720) 777-5398.

In an effort to provide critical resources for our health care and other partners, we will be accepting Personal Protective Equipment (PPE) donations every **Tuesday** and **Thursday** from **1:00 pm – 4:00 pm** at the Pikes Peak Regional Office of Emergency Management (**3755 Mark Dabling Blvd., Colorado Springs**). We will be accepting donations of the following items:

- Gloves
- Masks (N95 and surgical)
- Face Shields
- Gowns
- Disinfecting wipes
- Hand sanitizer
- Tyvek suits

Sewing Masks: Best to be in touch with your local hospital, nursing home, doctor's office to see if they will be able to use what you bring them.

From the CDC website: Health Care Provider (HCP) use of homemade masks

In settings where facemasks are not available, HCP might use homemade masks (e.g., bandana, scarf) for care of patients with COVID-19 as a last resort. However, homemade masks are not considered PPE, since their capability to protect HCP is unknown. Caution should be exercised when considering this option. Homemade masks should ideally be used in combination with a face shield that covers the entire front (that extends to the chin or below) and sides of the face.