



COMMUNITY RESOURCE DIRECTORY

MISSION:

To serve the Fountain community through recognition, enhancement and strengthening of community resources by providing collaborative, local, and personalized services.

Revised 7-2018



Important Numbers

Emergencies: Police, Fire, EMS	911
Mental Health Crisis 24 Hour Hotline	(719) 635-7000
Information about Community Services – (Services 2-1-1 Colorado)	211
Non-Emergency Police	311 (719) 444-7000
Information/Operator Assistance	411
Colorado Springs TDD/Hearing Impaired	711
To Report Child Abuse	(719) 444-5700
To Report Adult Abuse	(719) 444-5755
Poison Control 24 Hour Hotline	(800) 222-1222
Runaway 24 Hour Hotline	(800) 786-2929 (800) RUN-AWAY
Suicide Prevention Hotline	(800) 273-8255
TESSA – Domestic Violence/Sexual Assault 24 Hour Hotline	(719) 633-3819
Animal Control/Humane Society	(719) 473-1741



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ABUSE AND NEGLECT

EL PASO COUNTY DEPARTMENT OF HUMAN SERVICES 24 HOUR
HOTLINE (CHILD ABUSE AND NEGLECT) 719-444-5700
AT RISK ADULTS..... 719-444-5755

FOUNTAIN POLICE DEPARTMENT..... 719-382-8555
222 North Santa Fe Ave.
Fountain, CO 80817

Website: https://www.fountaincolorado.org/government/city_departments___divisions/police/

TESSA-DOMESTIC VIOLENCE/SEXUAL ASSAULT - 24 Hour Hotline..... 719-633-3819
If you are in need of advocacy assistance, please call the 24/7 Crisis Line at 719-633-3819. If you are only able to go online, please go to the website www.TESSAcs.org and click on the "Contact Us" tab to submit an email inquiry. An advocate will respond as soon as possible.

CHILD DEVELOPMENT/CHILD CARE/CHILD CARE ASSISTANCE

BOYS & GIRLS CLUB..... 719-570-7077
1455 S Chelton Rd
Colorado Springs, CO 80910
(Eagleside Elem. has before and after school care at the location; Aragon, Mesa, and Jordahl get bused to Eagleside)

Website: www.bgcppr.org

Services: Offers before and after school care to children. They provide a safe place for children to learn and grow all while having fun. Summer camp is also available.

COLORADO CHILD CARE ASSISTANCE PROGRAM (CCCAP) 719-444-8178
301 E. Iowa Ave. (only to obtain an application)
Fountain, CO 80817

Hours of Operation: Mon - Fri 8:00am-4:00pm (unless posted otherwise)

Website: <https://www.colorado.gov/pacific/cdhs/child-care-assistance>

Services: Provides financial assistance for low-income families for child care costs. Also assists in locating child care.



**COMMUNITY PARTNERSHIP FOR CHILD DEVELOPMENT 719-635-1536
(CPCD – Head Start)**

Referral Contact: Gene Chavez, Enrollment Supervisor (gchavez@cpcd.org) 719-884-1431

Clients can call to begin enrollment process @ 719-635-1536 or visit www.cpcdheadstart.org

Main Office / Central Enrollment Office

2330 Robinson Street
Colorado Springs, CO 80906

Website: www.cpcdheadstart.org

Hours of Operation: Mon, Tue, Thur, Fri 8:00am-4:00pm; Wed 9:00am-4:00pm

Conrad Center (classrooms only)

10605 Jimmy Camp Rd
Fountain, CO 80817

Services: Community Partnership for Child Development (CPCD) provides high quality, free comprehensive early childhood development services for 2,000+ pregnant women and children birth through age 5 through the Head Start, Early Head Start and Colorado Preschool Programs.

The purpose of the program is to prepare young children for success in school and support families in their role as their child’s first and best teacher. In addition to traditional preschool educational services, children are also provided with health and behavioral health screens and referrals for treatment when needed, and nutritious meals.

Families are offered parenting classes, referrals for and support in accessing community and military services. CPCD’s programs are free of charge for qualifying families

FOUNTAIN VALLEY YMCA 719-884-2198

301 E. Iowa Ave.
Fountain, CO 80817

Hours of Operation: Mon – Thur 6:00am-8:00pm; Fri 6:00am-7:00pm; Sat 8:00am-1:00pm

Website: www.ppymca.org

Services: Comprehensive youth, before and after school child care, summer day camp, health, fitness, mentoring, and activities for the entire family. Financial assistance is available so that everyone may participate at the YMCA. YMCA Active Older Adults: Social and recreational activities plus connection to fitness classes. YMCA Holiday Camp: Provides childcare when kids are out of school, such as Winter and Spring Break.

JUNIOR ACHIEVEMENT..... 719-636-2474 ext 1025

2320 W. Colorado Ave.
Colorado Springs, CO 80904

Website: www.JA-SoCo.org



Services: Our volunteer-delivered, 3rd -12th grade programs foster work-readiness, entrepreneurship and financial literacy skills, and use experiential learning to inspire students to dream big and reach their potential.

With the help of more than 600 volunteers, JA students develop the skills they need to experience the realities and opportunities of work and entrepreneurship in the 21st century global marketplace.

PEAK VISTA FIRST VISITOR PROGRAM.....719-344-6639

2828 International Circle
Colorado Springs, CO 80917

Website: <http://www.peakvista.org/services/additional/first-visitor>

Services: First Visitor Program promotes the healthy growth of all infants/toddlers and their parents through voluntary home visitation, education and support. This primary prevention program offers flexible contact and visitation according to the needs of each family. Our program is designed to celebrate the birth and growth of every infant and toddler under the age of three, and to provide new parents with emotional support, a network of community-based resources and basic information on child health, nutrition, safety and development. Our purpose is to help make Colorado the best place to raise a child by helping families support their children’s physical, emotional, and intellectual development during the critical first 3 years. First Visitor is a free program open to anyone that is currently pregnant and/or has children under the age of three. First Visitor offers parenting information and guidance through an interactive home visit with one of our trained volunteers or with one of our outstanding case managers for our families with higher needs. Home visits include a gift for the baby/toddler, a book of age appropriate games, a handbook loaded with information parents need to know about caring for their baby/toddler, information about early childhood development, and connections to community resources.

SCHOOL DISTRICT 8 PRESCHOOL PROGRAM719-304-3500

10665 Jimmy Camp Rd.
Fountain, CO 80817

Website: www.ffc8.org/domain/42

Services: For parents residing within the Fountain-Fort Carson School District, we have a process that assists parents in the assessment and determination of the special needs of children birth through five years of age. If you have concerns regarding a child's development, and the child is between the ages of three and five, you may contact the Child Find office at (719) 304-3550. If a child is determined to have special needs, connections with community resources will be made available. For children under the age of three, you may also contact the Resource Exchange at (719) 577-9190 for information pertaining to developmental concerns.

CLOTHING

GOD’S PANTRY719-382-0643

30 Widefield Blvd
Colorado Springs, CO 80911



Email: godspantry@gmail.com

Services: Mission is to clothe the needy and feed the hungry.

OPERATION SCHOOL BELL **719-475-1029**

(With referral from school counselor) August-October **Voice Mail 719-475-2627**

318 E. Cimarron St.

Colorado Springs, CO 80903

Hours: Mon - Fri 10:00am-4:00pm; Sat 9:00am-12:00pm

Website: www.assistanceleague.org/colorado-springs

Services: Provides new clothing for the needy children and children with special needs (with referral from school counselor) in public schools. These services are available August through October. Special assistance for extra needy is available after October.

COUNSELING/THERAPY

ACI COUNSELING **719-646-2748**

3604 Galley Rd Ste 102

Colorado Springs, CO 80909

Services: ACI is a program provided by American Charities, Inc. that offers mental health and substance abuse services. ACI Counseling also has several locations in the Denver Metropolitan area including Denver, Aurora, Lakewood, Thornton, Northglenn, Littleton, Castle Rock, along with Colorado Springs. We strive to serve individuals in need of Mental Health Services, Drug and Alcohol Education and Therapy, Anger Management, Medication Management, Relapse Prevention, and Individual, Couples, and Family Therapy. We work with all ages and accept most insurances including Medicaid and Medicare.

ASPEN POINTE HEALTH SERVICES **719-572-6100**

350 Lyckman Dr

Fountain, CO 80817

Website: www.aspenpointe.org

Services: Outpatient mental health therapy for individuals, families, and children offered. Please call for an appointment. Medicaid and Medicare accepted!

CONNECTIONS 4 LIFE CENTER **719-387-9919**

6436 S. Hwy 85-87 Ste. U

Fountain, CO 80817

Website: www.Connections4LifeCenter.org



Services: Fresh food pantry (Thursdays - 5:30pm-7:30pm), commodities – shelf stable foods (1st and 3rd Fridays – 9:00am -2:00pm), senior boxes for those low income & 60 years and over (1st and 3rd Friday – 9:00am – 2:00pm), Independence center for disabilities (Friday 10:00am – 2:00pm), Peak Pet Pantry (3rd Thursday 4:30pm – 6:30pm), pregnancy center (1st Friday 9:00am - 2:00pm), socialization and job training for Autistic teens and young adults, Life skill classes, housewares, clothing, furniture, eyeglass vouchers, counseling and prayer. Community service for Fountain Teen Court, Schools, SNAP, Workforce including Front Range.

EDUCATION

ASPEN POINTE EMPLOYMENT **719-572-6100**
 220 Ruskin Dr. 1795 Jetwing Dr
 Colorado Springs, CO 80910 Colorado Springs, CO 80916

Website: www.aspenpointe.org

Services: Provides GED prep classes and testing, after-school tutoring, career development and employment training, and rehabilitation for disabled, disadvantaged, and other underserved individuals.

FOUNTAIN-FORT CARSON SCHOOL DISTRICT #8 **719-382-1300**
 10665 Jimmy Camp Rd.
 Fountain, CO 80817

Website: www.ffc8.org

Services: Developing generations of world class learners capable of being successful members of society by providing a positive, empowering, and safe environment where academic excellence is the desired result for all students. Elementary schools around the area are: Abrams, Aragon, Eagleside, Mountainside, Mesa, Jordahl, and Patriot. Middle Schools are Carson Middle School and Fountain Middle School. High school in the area is Fountain-Fort Carson High School.

WELTE EDUCATION CENTER **719-382-1550**
 330 Lyckman Drive
 Fountain, CO 80817

Website: www.ffc8.org

Services: To keep diverse students in a safe learning culture that incorporates social and emotional skills with challenging academics in order to create individuals who are proactive in their family, community, and work setting.

PIKES PEAK COMMUNITY ACTION AGENCY (TIP Program)..... **719-385-7920**
 925 S. Institute
 Colorado Springs, CO 80903

Website: <http://www.pppca.org>

Services: TIP is an intensive self-sufficiency program offering services to participants motivated to becoming self-sufficient. These services primarily focus on short-term certifications, training, and improving life skills. We offer participants assistance with certification and short-term training fees, licensing fees, books fees (if not covered by financial aid) and supportive counseling. The TIP Program manager works with participants and various community-based organizations to build collaborative networks of support.

PIKES PEAK LIBRARY DISTRICT (PPLD).....719-382-5347

230 S. Main St.
Fountain, CO 80817

Website: <http://www.ppld.org/>

Services: The Fountain Community Library of the Pikes Peak Library District has a variety of free activities and materials for all ages. Internet and wi-fi access are available. Use your library card at any of the PPLD locations to check out books, movies, videogames, and more: or, go online to download ebooks and perform research in our online databases. We have online homework help and job searching/resume writing resources. We also have a wide range of programs for all ages, including weekly story time for children, weekly programs for babies (age 0-1) & toddlers (age 1-3), and teen activities. We are also a Family Place Library with plenty of toys available for the kids. Please call for more information!

PIKES PEAK WORKFORCE CENTER.....719-444-8311

350 Lyckman Drive
Fountain, CO 80817

Hours of Operation: 1st and 3rd Mon, 8:00am - 4:30pm; closed noon to 1:00pm

Website: www.ppwfc.org

Services: Job search assistance, career guidance, skills upgrades, and help with basic unemployment insurance questions. Computers with internet access available for job search activities. The main office at the Citizens Service Center in Colorado Springs offers employment workshops, skills assessments, computer skill classes, including computer basics and onsite hiring events. Programs for youth (16 through 21) are also available at the main office. More information can be found on the PPWFC website: www.ppwfc.org. The main office number is 719-667-3700.

WIDEFIELD SCHOOL DISTRICT #3.....719-391-3000

1820 Main St.
Colorado Springs, CO 80911

Website: www.wsd3.org

Services: Widefield School District is proud to serve military families. We have several programs that are attractive to military parents and students, including free full-day kindergarten, an outstanding preschool program, before- and after-school child care, deployment support groups, and award-winning junior ROTC programs at both high schools.

FINANCIAL ASSISTANCE

CITY OF FOUNTAIN.....719-322-2000

116 S. Main St.
Fountain, CO 80817

Hours: Mon - Fri 8:00am - 5:00pm

Website: www.fountaincolorado.org

Services: City Hall houses the City Council Chambers, the Municipal Court, the Utility Billing and Payment office, and the City Administration offices, which includes the City Manager, City Clerk, Code Enforcement, Economic Development, Human Resources, Utilities Director, Planning, Zoning and Public Works. It is open Monday through Friday from 8:00 a.m. to 5:00 p.m.

LOW-INCOME ENERGY ASSISTANCE PROGRAM (LEAP)866-432-8435

PO Box 39200
Colorado Springs, CO 80949

Website: <https://sites.google.com/a/state.co.us/cdhs-leap/apply-now>

Services: LEAP is designed to help eligible low-income households with winter home heating costs. **LEAP is not intended to pay the entire cost of home heating.** You may also qualify for free weatherization services that will improve your home through the Governor's Energy Office Weatherization Program. Weatherization will reduce your home energy usage, help you save money, and keep your home safer and more comfortable year-around. For more information on the Weatherization Program please call toll-free 866-432-8435.

SALVATION ARMY.....719-382-1182

208 Cunningham Dr
Colorado Springs, CO 80911

Hours of Operation: Mon - Fri 9:00am - 5:30pm

Website: www.salvationarmyusa.org

Services: Offers assistance with utilities and food. Men's and Women's Groups, Summer Day Camp, After School Program, and Bible studies are also available.

WALT FORTMAN CENTER719-382-8515

501 E. Iowa Ave.
Fountain, CO 80817

Hours of Operation: Mon - Wed 9:00am - 2:00pm

Website: www.ppcaa.org

Services: The mission of Reach Pikes Peak is to increase the capacity of low-income individuals and families to be self-sufficient. The Walt Fortman Center offers Family Stabilization Services (FSS). This program is designed to address emergency needs such as rent or mortgage, utilities,

food, medical prescriptions, housing rehabilitation for rural El Paso County homeowners, transportation (bus tokens) and budget counseling to solve problems that may threaten a household's progress toward permanent self-sufficiency. Also important to stabilization are our TIP & IDA Programs for El Paso County residents.

FOOD

Care and Share Food Bank.....719-528-1247

Website: www.careandshare.org
<https://careandshare.org/findfood/>

Services: Care and Share provides food to partner agencies across Southern Colorado. Contact information and full details are available through their food finder. Just type in your address and they will create a personalized list of what is available for you nearby. Their mission is to provide food, partnering opportunities, and education to fight hunger and food insecurity in Southern Colorado.

CONNECTIONS 4 LIFE 719-387-9919

6436 S. Hwy 85-87 Ste. U
Fountain, CO 80817

Website: www.Connections4LifeCenter.org

Services: Food pantry, commodities, pet pantry, senior boxes, pregnancy center (see pg. 9). The Independence Center and Women's Resource Agency are located inside.

FOOD ASSISTANCE PROGRAM (DEPT. OF HUMAN SERVICES)..... 719-444-8303

350 Lyckman Dr
Fountain, CO 80817

Website: dhs.elpasoco.com/CPFS

Services: The Food Assistance Program enables low-income families to buy nutritious food with an Electronic Benefits Transfer (EBT) card (formerly called the QWEST card). Food Assistance recipients spend their benefits to buy eligible food in authorized retail food stores. The Food Assistance Programs provide food benefits to households that meet the citizenship, income and resource guidelines for the Food Assistance Program. Employment first is the Food Assistance Employment and Training Program, which is a mandatory component of the Food Assistance Program.

FOUNTAIN COMMUNITY SOUP KITCHEN..... 719-382-5113

1003 N. Santa Fe Ave.
Fountain, CO 80817

Website: www.fumcfountain.org

Services: A soup kitchen is available every Friday night from 4:00pm-6:00pm. Counseling and prayer is also available.

GOD’S PANTRY 719-382-0643

30 Widefield Blvd
Colorado Springs, CO 80911

Email: godspantry@gmail.com

Services: Mission is to clothe the needy and feed the hungry. Food distribution is available every 2nd Thursday from 11:00am-1:00pm.

Peak Vista Mobile Food Pantry 719-434-4678

350 Lyckman Dr
Fountain, CO 80817

Hours of Operation: Every 2nd Friday of the month 9:00am - 9:30am

Services: The Peak Vista Mobile Food Pantry is located in the Peak Vista parking lot in between Peak Vista and the Welte Education center. They are open to the general public every 2nd Friday of the month. This is intended to be a supplemental program to assist those in need, fresh produce is available until food is evenly distributed.

SALVATION ARMY.....719-382-1182

208 Cunningham Dr
Colorado Springs, CO 80911

Hours of Operation: Mon - Fri 9:00am - 5:30pm

Website: www.salvationarmyusa.org

Services: Offers assistance with utilities and food. Men’s and Women’s Groups, Summer Day Camp, After School Program, and Bible studies are also available. Please call beforehand, appointments can be scheduled for outside of the normal hours of operation.

ST. DOMINIC’S CATHOLIC CHURCH 719-392-7653

5434 S Hwy 85/87
Security, CO 80911

Website: <https://www.stdominiconline.org/>

Services: Provides assistance with emergency food. Food Pantry is open from Tuesday from 10:00am-12:00pm. They also provide assistance with gas vouchers.

WALT FORTMAN CENTER 719-382-8515

501 E. Iowa Ave.
Fountain, CO 80817

Hours of Operation: Mon - Wed 9:00am - 2:00pm

Website: www.ppcaa.org

Services: The mission of Reach Pikes Peak is to increase the capacity of low-income individuals and families to be self-sufficient. The Walt Fortman Center offers Family Stabilization Services (FSS). This program is designed to address emergency needs such as rent or mortgage, utilities, food, medical prescriptions, housing rehabilitation for rural El Paso County Homeowners, transportation (bus tokens) and budget counseling to solve problems that may threaten a household's progress toward permanent self-sufficiency. Also important to stabilization are our TIP & IDA Programs for El Paso County residents.

HOSPITALS/CLINICS

EVANS ARMY COMMUNITY HOSPITAL..... 719-526-7000

1650 Cochrane Circle
Fort Carson, CO 80913

Website: www.evans.amedd.army.mil

Services: Provides information and resources to all military personnel, patients, families and community about their health and well-being, empowering them to become better partners with their health care team.

PEAK VISTA COMMUNITY HEALTH CENTERS..... 719-632-5700

350 Lyckman Dr
Fountain, CO 80817

Hours: Medical: Mon - Fri 7:30am - 6:00pm

Dental: Mon - Thur 8:00am - 5:00pm

Website: www.peakvista.org

Services: Peak Vista Community Health Centers is a nonprofit, Federally Qualified Health Center serving more than 58,000 registered members with outpatient medical, dental and integrated behavioral health services. Peak Vista's Family Health Center at Fountain offers a range of services from preventative routine exams to same-day treatment of acute illness and injury, on-going primary care and follow-up for chronic health conditions. Specialty care is referred to qualified community providers.

QwikCareMD.....(719) 471-CARE (2273)

6908 Mesa Ridge Pkwy
Fountain, CO 80817

Hours of Operation: Mon - Fri 8:00am - 8:00pm, Sat and Sun 8:00am - 6:00pm

Website: <https://qwikcaremd.com/>

Services: QwikCareMD - Urgent Care accepts Medicaid, Medicare, Tricare, Blue Cross, Blue Shield along with most insurances! Our Urgent Care Facility is your resource for affordable quality

medical care in the Colorado Springs area. We are dedicated to providing urgent care services without the wait of an emergency room or regular doctor visit. We offer extended hours and are open late! Visit us 365 days a year. QwikCareMD - Urgent Care is committed to serving Colorado Springs residents and surrounding areas. Visit us any day - 7 days a week:

HOUSING/SHELTER INFORMATION

HOMELESS PREVENTION PROGRAM SCHOOL DISTRICT EIGHT.....719-492-8810

6200 Prussman Blvd.
Colorado Springs, CO 80902

Services: In accordance with the provision of the McKinney-Vento Act of 2002, School District Eight is committed to providing educational support to families with children who are experiencing housing instability. Your child may be eligible to receive the following support: immediate enrollment in school, transportation assistance to and from school, free school meals, assistance with obtaining school supplies, assistance with necessary educational expenses and information about community-based assistance.

HOUSING AUTHORITY OF FOUNTAIN719-382-5639

501 E. Iowa Ave.
Fountain, CO 80817

Services: Manages three affordable housing communities and provides rent assistance for low-income families.

PIKES PEAK COMMUNITY ACTION AGENCY/WALT FORTMAN CENTER..719-382-8515

501 E. Iowa Ave.
Fountain, CO 80817

Services: Assistance with one-time partial rent assistance for stabilizing households. See page 12 for additional services offered.

MEDICAL/WELLNESS

AMERICAN CANCER SOCIETY800-227-2345

1445 N. Union Blvd Ste B100
Colorado Springs, CO 80909

Website: www.cancer.org

Services: Cancer Resource Center volunteers located in medical facilities provide resources and referrals; Road to Recovery provides rides to and from cancer treatment; Look Good Feel Better teaches women skin care and makeup techniques to address appearance related side effects of cancer treatment; Reach to Recovery offers one-on-one support provided by a breast cancer survivor to others facing breast cancer, Cancer Survivors Network online community created by

and for people with cancer and their loved ones; Gift items such as wigs, turbans and scarves. All programs and services are free of charge. \$70 coupon program for TLC catalog.

CHILD HEALTH PLAN PLUS800-359-1991

PO Box 929
Denver, CO 80201

Website: www.cchp.org

Services: Low-cost health insurance programs for uninsured Colorado children ages 18 and under whose families are not eligible for Medicaid but cannot afford private insurance. Parents must meet income guidelines.

FOUNTAIN CHIROPRACTIC, LLC719-799-6555

468 N. Santa Fe Ave.
Fountain, CO 80817

Website: www.fountainchiropractor.com

Services: Fountain Chiropractic offers free nutritional workshops, exercise workshops, and peak energy workshops. They also instruct people on how to manage back pain with normal household items.

MEDICAID (DEPARTMENT OF HUMAN SERVICES)719-444-8303

350 Lyckman Dr
Fountain, CO 80817

Hours: Mon - Fri 8:00am - 4:30pm

Website: www.Colorado.gov/PEAK

Services: Medicaid is for low-income families to include eligible adults and children age 0 through 18. Children must be residing in the home more than fifty percent of the time. Eligibility is then based on citizenship, legal residence, and household income. Medicaid provides medical benefits including inpatient and outpatient hospital, physician services, well child checks, immunizations, vision care including prescription glasses, prescription drugs, dental and mental health care. For adults over age 21 dental and vision benefits may be limited. Adults may incur co-pay for services. The Medicaid Program for low-income pregnant women is based on citizenship, legal residence and household income. Eligible women will be provided with prenatal coverage, labor and delivery. A post-partum period of 60 days is also covered. Medicaid will only provide labor and delivery coverage for undocumented pregnant women who meet all other requirements of the program.

PIKES PEAK COMMUNITY ACTION AGENCY/WALT FORTMAN CENTER..719-382-8515

501 E. Iowa Ave.
Fountain, CO 80817

Website: www.ppcaa.org

Services: We provide information and community resources to address a multitude of medical issues. We also provide program information for breast and cervical exams for low-income households, one-time assistance with prescriptions for non-ongoing medications, assist with Prescription Assistance Programs to secure medications for uninsured individuals, and we provide the Trimble Fund Applications pertaining to specific dental and necessary medical equipment. See page 12 for additional services and hours.

PEAK VISTA COMMUNITY HEALTH CENTERS.....719-632-5700

350 Lyckman Dr
Fountain, CO 80817

Website: www.peakvista.org

Services: Peak Vista Community Health Centers is a nonprofit, Federally Qualified Health Center serving more than 58,000 registered members with outpatient medical, dental and integrated behavioral health services. Peak Vista’s Family Health Center at Fountain offers a range of services from preventative routine exams to same-day treatment of acute illness and injury, on-going primary care and follow-up for chronic health conditions. Specialty care is referred to qualified community providers.

UCHealth Emergency Room.....719-390-2680

7890 Fountain Mesa Rd
Fountain, CO 80817

Website: <https://www.uchealth.org/>

Services: Addiction treatment; allergy care and immunology; back, neck, and spine care; behavioral care; blood disorders & disease care (hematology); burn care; cancer care (oncology); community health; dermatology; diabetes & endocrinology care; digestive health, liver and pancreas (gastroenterology); ear, nose & throat care (otolaryngology); emergency care; employer health and wellness; executive health program; eye care (ophthalmology); genetic testing and counseling; hearing loss care (audiology); heart and vascular care (cardiology); hyperbaric medicine; infectious diseases; integrative medicine; kidney disease & hypertension care; lung and respiratory care (pulmonology); neurology; nutrition services; orthopedics; pain and care management; palliative care; pathology; Pediatric care; pharmacy; primary care; radiation oncology; radiology; rehabilitation therapy; Rheumatology; senior care; sports medicine; surgical care; toxicology; transplant services; trauma services; urgent care; weight and metabolism; women’s care; and wound care.

WIC NUTRITIONAL SERVICES719-578-3199

97 Widefield Blvd
Widefield, CO 80911

Website: www.elpasocountyhealth.org/service/wic

Services: Colorado WIC is a nutrition program that provides nutrition education, breastfeeding support, healthy food and other services free of charge to qualifying families. WIC serves pregnant, breastfeeding and postpartum women, infants and children to age 5 years, but also welcomes fathers, grandparents, stepparents, and other guardians who play a role in caring for children.

MILITARY

DIRECTORATE OF FAMILY AND MORALE, WELFARE & REC. (DFMWR) ... 719-526-6452

1675 Ellis St. Bldg 1217
Fort Carson, CO 80913

Website: <http://www.mwrfortcarson.com/>

Services: The Directorate of Family and Morale, Welfare & Recreation (DFMWR) is a comprehensive network of support and leisure services designed to enhance the lives of Soldiers (Active, Reserve, and Guard), their families, civilian employees, military retirees and other eligible participants. DFMWR employees strive to deliver the highest quality programs and services at Fort Carson -- from family, child and youth programs to recreation, sports, entertainment, and leisure activities. DFMWR contributes to the Army's strength and readiness by offering services that reduce stress, build skills, and self-confidence and foster strong esprit-de-corps.

ARMY COMMUNITY SERVICES (ACS) 719-526-4590

6303 Wetzel Ave., Bldg. 1526
Fort Carson, CO 80913

Website: <https://carson.armymwr.com/programs/army-community-service>

Services: Financial readiness program, consumer education, financial assistance, emergency food locker, spouse employment information, relocation assistance, and new parent support for active/retired military, DOD employees, and their eligible families. Loan closet and Survivor Outreach Services. Additional services may be located by clicking on the ACS Program Directory link at the above site.

CHILD, YOUTH & SCHOOL SERVICES (CYS)..... 719-526-1101

1590 Prussman Blvd Bldg 1518
Fort Carson, CO 80913

Website: <https://carson.armymwr.com/programs/cys-services>

Services: CYS Services is committed to serving the unique needs of Mountain Post families through a variety of programs designed for children ages six-weeks through 18 years. All services are based on the growth and development of your child, and meet both US Army and national standards. Our seamless delivery system ensures that the same caring philosophy is followed by our dedicated staff in every program and service we offer.

RECREATION & LEISUREContact individual agency from the site below

Various locations on Fort Carson

Fort Carson, CO 80913

Website: <https://carson.armymwr.com/programs> (may have to cut and paste link into browser)

Services: Fort Carson MWR operates four fitness centers, two swimming pools, a golf course and a bowling center. Intramural sports programs and outdoor adventure programs and trips are offered all year around. Turkey Creek Ranch is located just south of Fort Carson offering trail rides, pony rides, wagon rides and more. A variety of services and programs are available free of charge, others activities are offered at competitive low prices to the Fort Carson community.

AMERICAN RED CROSS OF SOUTHEASTERN CO..... (719) 632-3563
1040 S. 8th St
Colorado Springs, CO 80905

Website: http://www.redcross.org/local/colorado/about-us/locations?utm_source=GMBlisting&utm_medium=organic

The American Red Cross, a humanitarian organization led by volunteers, guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, will provide relief victims of disasters and help people prevent, prepare for, and respond to emergencies. Your local Pikes Peak chapter provides relief to victims of house fires, tornadoes, wildfires and other such disasters that affect the Pikes Peak region by providing for immediate, emergency disaster-caused needs such as lodging, clothing, food and medicine. To help prepare our community for disasters, we provide prevention and preparedness tips and certify community members and local business employees in safety courses such as first aid and CPR. And your Red Cross chapter relays emergency messages between active military members and their families here at home by providing verified information regarding family matters such as illnesses, deaths and births.

EVANS ARMY COMMUNITY HOSPITAL..... 719-526-7000
1650 Cochrane Circle
Fort Carson, CO 80913

Website: www.evans.amedd.army.mil

Services: Provides information and resources to all military patients, families and community about their health and well-being; empowering them to become better partners with their health care team.

MILITARY FAMILY LIFE CONSULTANTS (MFLC) 719-338-7216
6303 Wetzell Ave., Bldg. 1526
Fort Carson, CO 80913

Services: MFLC offers intervention and support to military members and their families. They provide non-medical, short-term counseling per person, per issue for every day issues, such as anger management, stress, parenting, communication, family relationships, deployment, and other military-related topics. The goal of the program is to support operational readiness and

family readiness. Anonymous (no names or records kept, except for Duty to Warn issues). Eligible individuals are able to receive services up to 180 days after separation from service.

SENIOR SERVICES

FOUNTAIN VALLEY SENIOR CENTER 719-520-6470

5745 Southmoor Dr.
Fountain, CO 80817

Website: <https://humanservices.elpasoco.com/fountain-valley-senior-center/>

Find us on Facebook at Fountain Valley Senior Services

Mission: Fountain Valley Senior Center provides services which enhance dignity, support independence and self-sufficiency, and encourage involvement in the community, keeping the quality of life at optimum levels and avoiding premature institutionalization.

Services: To fulfill this mission, we provide direct services of transportation, congregate meals, home-delivered meals, activities and socialization as needed. Also provide information and referrals, networking, advocacy and collaboration for adult protection.

THE INDEPENDENCE CENTER (CENTER FOR INDEPENDENT LIVING)..... 719-960-6893

6436 US Hwy 85/87, Suite U (inside Connections4Life Center)
Fountain, CO 80817

Website: www.the-ic.org

Services: We work with people with disabilities, their families and the community to create independence so that all may thrive. We serve those who are deaf & hard of hearing and those with low vision or blindness with specific departments. We have a new program called Stepping On senior program that is a 7-week program with a planned implementation in August 2018. We also have a support group for people with disabilities, and are working to bring a veteran's support group to Fountain as well.

UNION PRINTERS HOME..... 719-634-3711

101 S Union Blvd
Colorado Springs, CO 80910

Services: At Union Printers Home residents and family members are offered a wide variety of care and services. We believe in individualized care to meet the needs of each and every resident. Each plan of care is crafted with resident focused goals. Services include: 24 hour licensed nursing care; Physical, Occupational, and Speech Therapy; medication management; registered dietitian; dental; podiatry; vision; laundry and housekeeping; beauty and barbershop; and daily activities. Insurance accepted: Medicare; Medicaid; Most HMO's; VA Contract; and Private Pay.

YOUTH SERVICES

BIG BROTHERS BIG SISTERS 719-633-2443

111 S. Tejon St. Suite 302
Colorado Springs, CO 80903

Website: www.biglittlecolorado.org

Services: Big Brothers Big Sisters mentoring programs are preventative programs aimed at helping kids age 18 and younger make positive choices through one-on-one mentoring. Children get together with their mentor at least twice a month to do things both enjoy. We have 5 programs: Operation Mentor is for kids of deployed parents, deployable or KIA parents; Mentor 2.0 is for high school kids who need help succeeding towards graduation and transitioning into college or the workforce; Falcon Club partners' kids with Air Force Academy cadets; Community based mentoring partners a child with a mentor who then choose a variety of mutually enjoyable activities; Sports Buddies partners kids with mentors to participate in and attend sports programs.

FOUNTAIN VALLEY YMCA (TEEN CENTER) 719-382-1561

301 E. Iowa Ave.
Fountain, CO 80817

Website: www.ppymca.org

Services: Teen After School Project (12-17 years old) is free to Welte and Second Chance students. Welte programs include: After School Clubs (art, guitar, etc.), Computer/ Internet Access, Homework Help, After School Tutoring, Free After-School Snacks, Recreation Room (pool table, foosball, Wii and more), Field Trips, and a Summer Teen Program. Programs offered at the YMCA location include: Literacy Program, Opportunity Center, and the Youth and Family Development Program. You can also learn CPR, First Aid, or become a certified Life Guard.

KIDPOWER OF COLORADO..... 719-520-1311

10 Boulder Crescent, Suite 100
Colorado Springs, CO 80903

Website: www.kidpowercs.org

Services: Kidpower offers comprehensive personal safety education programs in several formats. Kidpower values collaboration and is proud to have partnered with more than 200 agencies, organizations and schools in our community. Workshops offered include: Starting Strong workshops for kids 4 to 6 yrs. old, School/Agency Programs, Weekend Family Workshops for kids 7 to 12 years old, Teenpower, Community Education Presentations, and workshops for students with special needs. Scholarships available for families with financial challenges.

PIKES PEAK LIBRARY DISTRICT 719-382-5347

230 S. Main St.
Fountain Co 80817



Hours of operation: Mon - Thurs 9:00am - 9:00pm, Fri - Sat 10:00am - 6:00pm

Website: <http://www.ppld.org/>

Services: The Fountain Community Library of the Pikes Peak Library District has a variety of free activities and materials for all ages. Internet and wi-fi access are available. Use your library card at any of the PPLD locations to check out books, movies, videogames, or, go online to download ebooks and perform research in our online databases. We have online homework help and job searching/resume writing resources. We also have a wide range of programs for all ages, including weekly story time for children, weekly teen activities, and adult programming as well as programs for adults with disabilities. eVideo games, eAudio books, and TV & movie streaming services available also! Please call for more information!

WIDEFIELD COMMUNITY CENTER..... 719-391-3515

705 Aspen Dr.
Widefield, CO 80911

Hours of operation: Mon - Thurs 8am - 5:30pm, Fri 8am - 4:30pm

Website: <https://www.wsd3.org/Domain/25> (may need to cut and paste link into browser)

Services: The mission of the Widefield Parks and Rec Campus Office is to provide our patrons as well as fellow employees with friendly and competent service, so operations run smoothly and efficiently. Community Center amenities include: A 25 yard, 6 lane indoor swimming pool with diving board, an outdoor junior pool & outdoor wading pool, an outdoor splash park, four tennis courts, two sand volleyball courts, a soccer/all purpose field, pavilions with tables and grills, four playgrounds, four softball fields & one baseball field, horseshoe pits and picnic areas, Security Public Library, 1.1 mile fitness/walking trail, fitness room (for scheduled classes only), one all purpose room, and three early childhood classrooms.